

The Social and Friendship Skills Program

- ◆ For typical children with social challenges as well as Asperger Syndrome, High Functioning Autism/ADHD etc.
- ◆ Helps children develop social skills in a positive and supportive environment
- ◆ A ten week program
- ◆ Aimed at creating friendships
- ◆ Developing social skills
- ◆ Most important is for the children to enjoy themselves and have fun
- ◆ Assists parents teach social skills in various settings with regular parent sessions



Aimed at giving the children a sense of achievement.



A program published by
The Autism Spectrum Disorders
Consultancy and Support Service.

Phone : 02 6296 3589
Mobile: 0429 983 936
deanne_michaels@bigpond.com

FOR FURTHER INFORMATION
CONTACT:

DEANNE MICHAELS
2 IND PLACE
KAMBAH A.C.T. 2902

THIS PROGRAM IS AVAILABLE
TO PURCHASE

Phone : 02 6296 3589
Mobile: 0429 983 936
deanne_michaels@bigpond.com
www.programs4asd.com.au

Graphics designed by Innovative Communications
www.innovativeprogramming.net.au



The Social and Friendship Skills Program

A Program to Help Children
Develop Social and Friendship
Skills



Designed to provide family
intervention



AGES: 7 - 12 Years



The Social and Friendship Skills Program



How the program operates

This program is designed to assist children with Asperger Syndrome, High Functioning Autism, ADHD and many other socially challenged children learn social and friendship skills. The program helps children learn about greeting others, volume control, listening, starting a conversation, topics and changes, turn taking, compliments, relaxation, saying good bye and understanding basic emotions. It promotes positive thinking about self and others.



Learning how to use social skills will help the participants be accepted by their peers. They can reach new heights in their socialisation.



The program runs over a ten week period. Each session runs for two hours. The session includes an explanation of the skill, brain storm, games, activity, role play, practice session, snack time, and relaxation time. A token economy is used to motivate and reward participation;. Children are issued with points that go toward purchasing tokens that can then be traded for reward prizes. It is hoped that the children will be encouraged to practice their new skills, in various settings with different people each week. The children are issued with a practice card and encouraged to complete the card and return it the following session for further reward points. Parents are asked to attend six two hour sessions to learn how to implement the program at home and teachers can be provided with information on how to support the child's development of the skills in the school setting.



Creating Positive Relationships

When the individuals perform the social skills well, they are able to develop positive relationships with other children and adults. They learn how to express their feelings in a safe manner. Individuals who develop good social skills usually form good relationships with their peers and other members in the community. If the individual is successful in using their social skills it enhances their confidence and improves their self esteem. Being able to effectively communicate ensures that they are included in their community groups. It is important that we all assist individuals to master the social skills, to enable them to develop relationships with family and friends.



The group is aimed at providing the key to social interaction and communication

